



3 Steps to Start You on the Path to Living in the No Doubt Zone™

Here is a 3 Step Process to start you on the path to getting into your No Doubt Zone™—at will—so you can tap into your top 1% more consistently and become WHO you need to be to fulfill your purpose and create what you want in your business and throughout your life.

So, here we go:

1. Answer these 7 foundational questions.
2. Look for the underlying patterns.
3. Ask core questions about your stories, beliefs, and feelings that are holding you back.

1. Foundational Questions:

1. What is YOUR top 1% and what percent of your time do you live there?
2. Are you able to get into your No Doubt Zone™ to tap into your 1% and become who you need to be to fulfill your purpose at will?
3. Do you know how to live in the No Doubt Zone when you have tremendous doubts, uncertainty or a huge challenging goal?
4. Do you have the mindset and take the actions required to live from your top 1% whenever it is important...100% of the time?
5. Who are you now and who do you need to be to fulfill your life purpose, create massive impact, innovation and consciously create your future?



6. What keeps you from tapping into your top 1% consistently?
7. What struggles have you had trying to evolve and consciously create your life?

2. Underlying Patterns

After you've answered the 7 questions, it's time to explore what you've found.

What are your stories about fulfilling your purpose, creating your life, living in your No Doubt Zone™, tapping into your 1%? Look at the patterns and beliefs underlying your answers.

3. Ask Core Questions

1. How are these beliefs, stories, and emotions showing up in your life?
2. How much power do you believe you have to become who you need to be to create what you want?
3. How committed are you to being in the No Doubt Zone 100% of the time, living from your top 1%, and consciously creating your life rather than allowing your inner resistance and obstacles to get you stuck?

Doing this 3 step process will help you on your path to access your top 1% more consistently. It can move you to use your awakening to help you achieve your purpose most deeply and can guide you in your evolution to be who you need to be to achieve your next greatest level of success.



How will your life be different if you learn to live your No Doubt Zone™, consistently tap into your top 1%, and fulfill your greatest potential ...what will your life be like if you don't?

If you are a 1%er committed to fulfilling your purpose most powerfully, email me with your insights and to see the next best step for you. I have a limited number of spots for people to work with me privately.

Best,
Dr. K

Dr. Fern Kazlow

Founder, The No Doubt Zone™

Founder and CEO, Kazlow Global LLC

Founder and Director, Integrative Therapy PLLC and Integrative Action, NYC 1981

DrKazlow.com

<http://www.linkedin.com/in/drfernkazlow>

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